



*We heal and inspire the human spirit.*

**To:** Medical Directors & IPA Network  
**From:** IEHP – Provider Relations  
**Date:** 9/1/2025  
**Subject:** **REVISED – UM Authorization Guidelines**

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IEHP's Guideline Review Committee has approved the following authorization guideline updates/changes, **effective 9/1/2025:**

Guideline #	Guideline Title	Degree of Change	Updates/Changes
UM_DIA 17	Genetic Testing	N/A New	<p>Highlights:</p> <ul style="list-style-type: none"><li>• Genetic testing is the analysis of DNA, RNA, or proteins to identify changes in molecular sequence that may be associated with disease.</li><li>• Indications for testing include:<ul style="list-style-type: none"><li>○ (1) to confirm the diagnosis of a genetic disease.</li><li>○ (2) to identify genetic factors that may increase the risk of developing disease.</li><li>○ (3) to determine the risk of having children with a genetic disease in high-risk couples.</li><li>○ (4) to determine the effectiveness of treatment options and</li><li>○ (5) to identify diseases in fetal or newborn members.</li></ul></li><li>• Due to the sheer volume of tests currently in existence, developing a guideline to address each individual test would not be possible. Therefore, IEHP has created a guideline to assist in the review and determination of the medical necessity of these requests</li></ul>

Access to all other authorization guidelines can be found at: [www.providerservices.iehp.org](http://www.providerservices.iehp.org) > Resources > Resources for Providers > Utilization Management Clinical Criteria or [click here](#).

If you have any questions, please contact the IEHP Provider Call Center at (909) 890-2054, (866) 223-4347 or email [ProviderServices@iehp.org](mailto:ProviderServices@iehp.org)

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